

Local Foods Harvest Dinner Menu

by Chef Joanne Edwards

Appetizers

Cheese Platter with Apples (Kilmarnock Orchard)
(Cheeses—Nettle-water buffalo cheese, Careg Station Farm and Pasture Dairy, Finch and “Bonnechere” raw ewes’ milk cheese, Back Forty, Lanark Highlands)

Rice Paper Spring Rolls (local vegetables)

Potato (John Weatherhead**) **Crostini with Tomato** (Miller Bay Farm, Rideau Ferry*) **Chutney**

Lamb (Benacres Farm, Elginburg) **Meatballs with Dipping Sauce**

Beef (Bill Dobson, Montague*) **Meatballs**

Mulled Apple Cider (Kilmarnock Orchards)*

Main Course Buffet

Bison Bourguignon

(Archie and Jocelyn MacDonald, Summerstown)

Roasted Chicken with Chimichurri Sauce

(Chicken—Joy and Myles Joynt, Rideau Ferry ** and Phyllis James, Balderson)

Vegetarian Moussaka (Eggplants** from John Weatherhead, Waratah Downs, Scotch Line*)

(continued on reverse)

Buffet *(continued)*

Potatoes

(John Weatherhead**)

Green Beans with Sesame

(Miller Bay Farm)

Honey Glazed Carrots

(Miller Bay Farm)

Mixed Green Salad

(Sleger’s Living Organic Greens, Strathroy)

Marinated Vegetable Salad

(local vegetables)

Herbed Rolls (Joanne Edwards)

Dessert

Maple Mousse with Poached Pear (Niagara)

(Maple syrup—Coutts Country Market, Port Elmsley)*

An apple (Kilmarnock Orchard) **dessert**, lactose and gluten free

A little piece of chocolate

(Hummingbird Chocolate, Arnprior)

Tea and Fair Trade Organic Coffee

*** Food contributed at no charge.**

**** Food item Certified Organic.**

***REAL is grateful for the community support
of these individuals and organizations.***

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***Our thanks to the Smiths Falls Community
Theatre performers***

Mark Francis Daly
Brant Daniluk
Lynda Daniluk
Krista Duff
Taylor Gilligan
Sheila Jasiak

Alison Kirkpatrick
Grey Masson
Barbara Theobald
Lucas Tennant
David Wright



For upcoming performances of the Smiths Falls
Community Theatre at the Station Theatre,
see www.smithsfallstheatre.com

***Our servers are students from SFDCI's
Specialist Highs Skills Major in
Hospitality Program***

Dalton Charron
Morgan Dowdall
Braydon Doyle
Chey Durocher
Stephanie Hare

Taylor Hughes
Jamie Lebreton
Brodie Lucier
Fallon Webster

For more information on the Lanark County producers featured in this meal please see www.lanarklocalflavour.ca

For Leeds County see www.frontenacarchbiosphere.ca/explore/fab-local-flavours

Our thanks to:

Modern Thymes for being a ticket outlet
Impression Printing for ticket printing
Man Ling for takeout containers
Wayne Cavanagh, Jack 92.3 FM for being our MC
Howard Allan Chartered Accountants, Perth for donating Lake 88 "Community Cares" air-time for promotion
Our silent auction donors. Full list on REAL's website.

The REAL people who contributed to this event:

Margot Allen, Peter Au, Susan Brandum, Pam Craig, Barb Hicks, Ken Graham, John Joynt, Brenda King, Bonita Lucas, Donna McKenna and Family, Leann Merriman, Shawn Merriman, Karen Schecter, Joyce Smith

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Local Foods
**Harvest
Dinner**



Featuring foods produced close to home

and

**Murder Mystery
Evening**



*With performers from the Smiths
Falls Community Theatre*

***Saturday, October 18, 2014 at the
Smiths Falls Curling and Squash Club***

*Presented by the Rideau Environmental
Action League, a non-profit,
volunteer-run community organization.*



***Celebrating 25 Years
of Environmental Action***